

Talk The Talk

CONFIDENT COMMUNICATION FOR LIFE

Bespoke Student Leader Skills

Years 7 – 13

Full day Workshop

This is a confident communication workshop geared towards secondary school students in your prefect or student leadership team. Within this workshop students will learn and practise the key communication skills required for their role. In addition, these sessions will provide students with core speaking and listening skills, which can be used in all lessons across the curriculum.

Workshop Content Summary

0.00 – 1.00

- **Introduction & Ground Rules**
- **Name Labels & Talk About Me** - Students answer questions about themselves in workbooks. This activity builds the groundwork for the Talk About Your Mate Exercise.
- **Discussion – Where might you use communication skills in your role as a prefect/student leader?** - Gives students a safe way to contribute to the workshop for the first time and to understand the value of the skills covered in the workshop.
- **Confidence Line & Talk About Confidence** – Helps all students and trainer to understand the starting point of students at the start of the workshop.

1.00 – 2.00

- **Talk About Your Mate Exercise** – In pairs students interview each other to find out a like, dislike and hope for the future. Students are then guided to structure the information into a short talk about their partner which is shared with the whole group. This is an effective way for student leadership teams to learn more about each other.
- **Listening Game** – To help students understand the importance of listening to understand rather than to respond.
- **Visual and Vocal Communication Discussion** – Students introduced to the 3 Vs of communication: visual, vocal and verbal communication.
- **Visual and Vocal Mind Map** – A group activity to capture how we can effectively communicate using our bodies and our voices.

2.00 – 3.00

- **Solo and Paired Activity – Talk About the Ideal School** – Independently students to decide which eight factors they believe would create the ideal school. Students then to work in pairs to agree on their eight joint factors.
- **How to Chair a Meeting** – Students invited to discuss in pairs and then feedback their ideas, followed by additional feedback from trainer.
- **Small Group Discussion – Talk About the Ideal School** – Making use of the tips discussed, students to work in groups of four-six with a chairperson to decide on their combined agreed factors that create the ideal school.

3.00 – 4:00

- **Verbal Communication – How to Disagree, Challenge, Compromise** – In groups students to discuss effective phrases to use to disagree, challenge and compromise. Groups to feedback and trainer to share additional phrases.
- **Whole Group Discussion with Rotating Chairperson – What Makes the Ideal School** – In turn, students to present their agreed small-group ideal school factors, with the whole group. With a rotating chairperson, all students then debate which will be the agreed whole-group top five factors for an ideal school.
- **Verbal Communication – Conflict Resolution** – In the setting of a playground duty, students to discuss with a partner how they would resolve a conflict situation. Trainer to share with students an effective five-point approach.
- **Role Play – Conflict Resolution in Prefect Role** – In small groups, students to role play scenarios to practise the approach.

4:00 – 5.00

- **Introduction to PEEEP – How to Feedback to SLT and in Assembly** – Students introduced to effective structure for speeches, presentations and talks and how to use this structure to report back to SLT and for assemblies.
- **Preparation and Delivery of PEEEP Talks** – In groups, students to prepare and deliver a PEEEP talk focusing on the changes they would like to see in the school to help it move forward toward becoming the ideal school from the earlier discussion.
- **Talk About Progress** – Students to review their progress throughout the workshop and complete feedback forms.