

## Talk About Transition - Jack Petchey Foundation Funded

Year 7

### Half day Workshop

This is a half-day confident communication workshop geared towards students who have recently started secondary school in year 7. Within this workshop each student will speak in front of their peers on three occasions – with each talk being focussed around the transition into secondary education.

### Workshop Outline

#### 0.00 – 1.00

- Introduction, The Jack Petchey Foundation & Ground Rules
- Name Labels & Talk About Me
- Silent Statements
- Confidence Line & Talk About Confidence
- Talk About A New Friend
- Game – Better or Worse

#### 1.00 – 1.30

- Talk About Secondary

#### 1.30 – 2.30

- Final Talk Preparation – Talk About Setting Goals
- Final Talks
- Top Tips
- Workshop close