

# Talk The Talk

CONFIDENT COMMUNICATION FOR LIFE

**Talk About Communication Plus Express**

**Years 8 – 11**

**Half-day Workshop**

This is a confident communication workshop geared towards secondary school students – with a focus on ‘group talk’ – those real situations in life where we find ourselves in meetings or group discussions. Within this workshop each student will speak, in front of their peers and in groups on a minimum of two occasions, while revising core components around visual, verbal and vocal communication. In addition these sessions will provide students the skills needed for group talk, and practical opportunities to explore and develop these skills.

## **Workshop Outline**

### **0.00 – 0.40**

- **Introduction & Ground Rules**
- **Name Labels & Talk About Your Trainer (Icebreaker & Pair Talk Exercise)**
- **Confidence Line**
- **Talk About Group Talk - What Makes A Good Discussion?**
- **Talk About Group Talk - Why Are These Skills Important?**
- **Visual, Vocal and Verbal Communication**

### **0.40 – 1.30**

- **Discussion Task One – Planning An Event**
- **The ‘OH’ Exercise – Understand Tone**

### **1.30 – 2.15**

- **Discussion Task Two – Balloon Debate**

### **2.15 – 2.30**

- **Holiday Bag**
- **Talk About My Talking & Issue Certificates**