

# TalkTheTalk

CONFIDENT COMMUNICATION FOR LIFE

**Talk About Communication Express**

**Years 7 – 11**

**Half-day Workshop (2.5 contact hours)**

This is a confident communication workshop geared towards secondary school students. Within this workshop each student will speak, in front of their peers, a minimum of two times, while learning core components around visual, verbal and vocal communication. In addition these sessions will provide students with core speaking and listening skills, which can be used in all lessons across the curriculum.

## **Workshop Outline**

### **0.00 – 0.30**

- **Introduction & Ground Rules**
- **Name Labels & Talk About Me**
- **Discussion – Where might you have to present or speak in front of others?**
- **Confidence Line 1**
- **Talk About Confidence**
- **Talk About Listening & Talk About Nerves**

### **0.30 – 1.00**

- **Talk About Your Mate**

### **1.00 – 1.45**

- **Visual Exercise – Eye Contact Counting To Three Game – Pair Exercise**
- **Visual Mind Map**
- **Vocal Exercise – Smart Fellas**
- **Vocal Mind Map**
- **Verbal Mind Map**
- **Class Activity - Storytelling**

### **1.45 – 2.30**

- **PEEEP - Final Group Talks**

## **Closing activities**

- **Confidence Line 2**
- **Talk About Progress**
- **Certificate and Farewell**