

# TalkTheTalk

CONFIDENT COMMUNICATION FOR LIFE

## Talk About Transition

Years 5-7

### Half day Workshop

This is a half-day confident communication workshop geared towards students who are about to join (or have recently joined) secondary school. Within this workshop each student will speak in front of his or her peers on three occasions – with each talk being focussed around the transition into secondary education.

## Workshop Outline

### 0.00 – 1.00

- Introduction & Ground Rules
- Name Labels & Talk About Me
- Silent Statements
- Confidence Line & Talk About Confidence
- Talk About A New Friend
- Game – Better or Worse

### 1.00 – 1.30

- Talk About Secondary

### 1.30 – 2.30

- Final Talk Preparation – Talk About Setting Goals
- Final Talks
- Top Tips