Talk The Talk CONFIDENT COMMUNICATION FOR LIFE



Vocal Communication Exercise

Vocal Communication Exercise

- Promote fluent talk
- Avoid filler phrases
- Ascertain knowledge retention



10 MINUTES

Ideal to use at the start or end of a lesson.

Fillers Beware

This exercise is designed to promote fluent talk, and avoid the use of filler phrases such as 'like', 'you know what I mean', 'err...' and

Ask a volunteer to talk about anything for one minute - it could be subject specific, an anecdote or simply about what they had for breakfast.

Students are given one point for every second they speak for, but will lose a point for every 'filler' phrase they use. A student who speaks for sixty seconds without any filler phrases will score 60 points. A student who runs out of material at forty five seconds, and uses five 'filler' phrases will score 40 points.

This exercise can be employed to ascertain knowledge retention after a specific subject has been covered in the curriculum.

For more information about our Talk The Talk workshops contact:







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- Develop voice inflection
- Recognise tone
- ✓ Adapting vocal delivery



10 MINUTES

Ideal to use at the start or end of a lesson.

Understanding Tone

Ask all students to stand and say 'O' following your directions below to highlight the importance of voice inflection and tone to the meaning of words.

Shock / Pleasure / Questioning / Doubt / Displeasure / Detachment / Resentment / Anticipation / Surprise / Meaning the letter in the alphabet between n and p.

If students can change the tone of a single letter of the alphabet with such ease, they should always consider adapting their tone appropriately for group discussions.

Ask all students to use the phrase 'I don't agree...' and deliver it with the following tone: Aggressive / Polite / Sad / Confused / Doubt / Displeasure / Resentment / Surprise.



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- Learn the use of pause
- ✓ Develop conversational pace



15 MINUTES

Ideal during revision to reinforce learning.

Pace Yourself

This exercise is designed to reinforce learning through topic revision – and to encourage students to vary pace when speaking in front of others. It requires a visual count down timer projected onto the board.

Students are provided with a piece of text – it can be anything at all – subject specific, revision orientated, introducing a new concept – and students selected read aloud to their peers. Their objective is to read it aloud and complete the text provided as the time hits zero – not before, and not after!

The teacher can vary the timer – having students read the same material in 15/30/45/60 seconds to encourage variance of pace and use of pause.



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